



Finglandrigg Wood NNR

Access and Nature Walks

Location and access

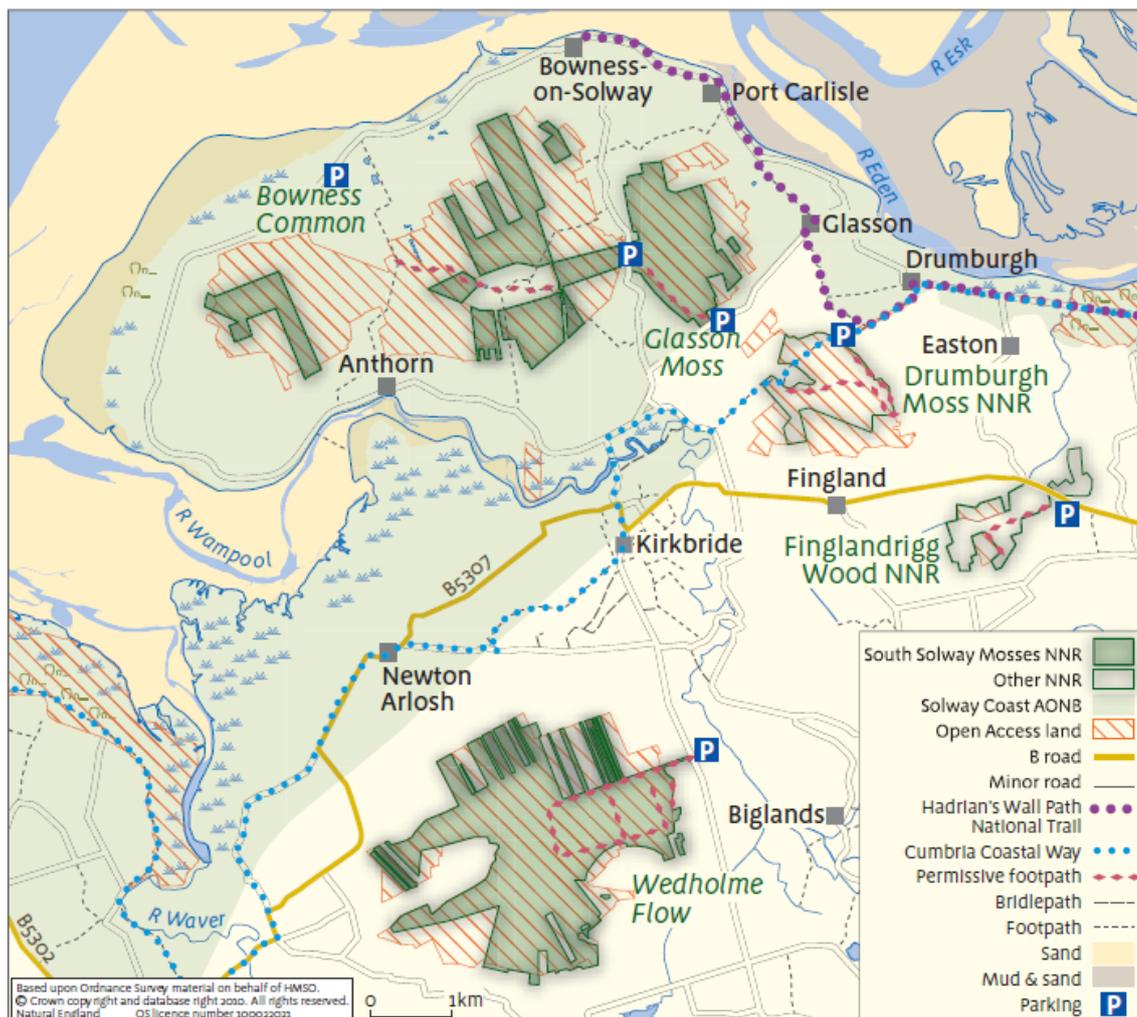
Public Transport. The site is served by bus route 71 (limited service). It is not a low floor vehicle

By bike or car: Finglandrigg Wood (Haverlands Green car-park) is about 8 miles west of Carlisle. Follow the B5307 road, go through Kirkbampton. The car park is about 1 mile further, on your left.

From Wigton follow the B5307 off the Wigton by-Go through Kirkbride and Fingland and about 2 miles further on is the car-park on your right.

There is a car-park with wheelchair friendly picnic tables as well as an information board

Cycle racks are provided.



Ordnance Survey Explorer Map 314

Refreshments Pub and Post Office, can be found in Kirkbride, 3.5 miles away by road

Carlisle Tourist Information Centre 01228 625600

Traveline 0875 2002233

Chalybeate Well Trail

The blue route, which is suitable for those of limited mobility including wheelchair users, is a 2km route which takes you to a stone structure marking the presence of a former sulphate rich spring. On the way you pass through woodland, and meadows as well as two wooden sculptures, the first, 'the mini beast tree', is not accessible to wheelchairs, the second, which is accessible, is a beautifully carved wooden bench.

Limited Mobility.

A Miles Without Stiles Leaflet available from Cumbria County Council details this route. www.cumbria.gov.uk/elibrary/Content/Internet/544/932/4067495657.pdf

Little Bampton Common Trail

The red route is a 3km trail through woodland, rough pasture and heathland. This is a flat trail but

does include gravel, grass, wood chip and boardwalk paths which takes you to Little Bampton Common.

Dog Walkers

We ask you to keep your dog on a lead at all times to protect ground nesting birds and cattle, or so they do not disturb adders – which may bite your pet, possibly with a fatal result. Please remember that other users may be scared of dogs no matter how small or friendly. **If your dog does have a poo then please be responsible for it. Either bag it and take it home, or at the very least flick it off the path, so that wheelchair and pushchair users do not have to deal with the mess on their wheels and hands.**

Contact

North Cumbria National Nature Reserve
Unit 2, Kirkbride Airfield, Kirkbride
Wigton, Cumbria. CA7 5HP

Find out more at
www.naturalengland.org.uk
or by calling **016973 50005**

